



YOUR BABY AT 15 MONTHS

Immunizations:

- Infarix
- HIB

Nutrition:

- Table foods. Make meal times fun by talking to your baby.
- May be using spoon. Usual weight gain is small and appetite is noticeably less.
- STOP BOTTLE!

Safety:

- Car safety restraints a must! Forward facing child restraint.
- Some children may climb out of the bed at this age.
- Gates for stairs are needed.
- Child safety locks for dangerous areas such as kitchen and bathroom cabinets are essential.
- Nuts, gum, hard candy, and popcorn should be avoided to prevent possible aspiration.
- Medicines, cleaning agents, poisons must be kept in a locked cabinet.
- Hot water heater should be set at 120 degrees to prevent accidental scalding injuries.
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Hints:

- Interest in “potty” by 18 to 24 months.
- Discipline is teaching. Punishment must be firm and immediate, but loving. Afterwards
- The child needs to know forgiveness.
- Positive reinforcement for desired behavior is just as important!
- Encourage independence but don’t be afraid to set limits.

- Discontinue pacifier except at naptime and bedtime.
- Encourage imitative behavior.
- Repeat to your child, name common objects, sign and talk to your child.
- Toys: Stuffed animals, books, dolls, pull-push toys, riding toys, “pots & pans”,
- Open-close toys, toys for pounding, musical toys, and stacking toys. DON’T EXPECT YOUR CHILD TO SHARE TOYS

Normal Development: 15 to 18 Months

- Stands unsupported.
- Walks without assistance with wide stance and outstretched arms.
- Climbs stairs with assistance.
- Refines grasp.
- Enjoys throwing, rolling, pushing, pulling toys
- Picks up objects from a standing position.
- Avidly explores everything.
- Enjoys water play.
- Wants to feed self.
- Adds gestures to speech.
- Prefers adults to other children.
- Likes to watch and imitate activities.
- Begins to use more objects conventionally (e.g. comb in hair).
- Looks to parent for help in solving problems.
- Learns cause-effect relationship (repeats enjoyable actions)
- Looks for hidden objects in last place seen.
- Begins to experiment through trial and error.
- Next Scheduled Immunization:
- Hepatitis A